

KAITLYN



Most Important to Katie:

- Socializing, having your attention
 - Time with friends, high 5's
- iPad
 - Speak4Yourself communication app
 - Sharing photos/ Pic Collage
 - Listening to music/ You Tube Videos
- Singing, Sleep, going to the movies
- Movie nights (Disney) with her brother Sean at night
- Family
 - Sunday Breakfast with Dad
 - Visiting family (mom mom, pop pop Bob, Colleen, Tom)
 - Swims at Uncle Bob's pool and Tommy's house
 - Spending time with Shane, Tom's son
- Loves organizing things (Birthday cards, blocks, etc.)
- TV: Frozen, Big Bang Theory, Everyone Loves Raymond, The Grinch
- Likes to clean of the dinner table, put away items in the kitchen
- Loves going to the grocery store, walking in the mall
- Riding her bike
- Playing with Charlie, the dog
- Playing matching games/ Connect 4 (no rules!)

Things We Like and Admire about Katie:

"Lights up the Room"

- Loving, Cheerful, amazing "Hi's"
- "I love everything about her"
- She's Beautiful, Beautiful hair, her eyes!
- Katie is "My Rock"
- Great with using her "talker"
- Smiley, Funny
- Great helper with baby Shane
- "Always makes me feel better"
- "She puts you in a good mood"
- She keeps growing in so many ways!

Things others need to do to best support Katie:

- Katie likes to hold something in her hand (i.e. her ID card, beaded necklace, medals); if she is too pre-occupied you can let her know you will give it back after a task, distract her from it/sneak it away (i.e. at lunch).
- Plan extra time to get ready and for transitions, routines help, discuss changes
- Keep her environment calm, she is affected by noise/ arguing
 - Katie has some degree of hearing loss and some pitches may affect her behavior
 - Katie dislikes: some noises, "night noises", she will cover her ears.
- She DOES NOT like house plants- phobia; don't make a big deal about it and don't force her to be near them. She may point out trees blowing in the wind outside, you can just say something positive.
- Be mindful of cross contamination due to celiac disease/ gluten free diet.
Microwaves okay NOT toaster. (use foil in oven)
- Hands on activities; Movement
- Katie does not like baths, doing them right after school helps paired with a special drink or snack helps
- Katie uses some sign language; using the sign for "stand up" help.

How to Best Support Katie:

- Be patient, respect her need for greeting friends
- 1:1 who knows and can support her throughout the day
- Give her choices
- She needs to have a means to communicate (Speak 4 Yourself on her ipad, photos, signs, using her voice) **Respect her right to communicate**
- She may feel jealous if you are giving too much attention to other people and/or pets
- Keep some space with Katie, she may hold onto/pull your hair, hug too hard (keep 1 arm up)
- She likes “frozen”, gluten free lunches
- Be VERY cautious around water and in public. She may run off-safety concern; Keep her close, lock arms/hold hands
- Try to keep her busy; not too much downtime

How Katie Communicates:

- Katie sits on the floor it may mean a few things: she tired, wants attention, or doesn't want to do something. When this happens you can reach out your hand to her, change demands, and/or use the sign for “stand up”
- Katie taps her ears/cover her ears: it means the noise is bothering her (fireworks, ipad too loud, hallways) or it is too loud. She can wear headphones, cover her ears.
- If Katie is mad about something/or doesn't want to do it, she may hit her wrist on something, kick or hit herself. Say, “Don't hurt Katie.”
- Katie splashes water (out of tub). She's having fun and/or wants attention
- Katie blows raspberries, sticks out her tongue. She may be upset, frustrated or just playing and being goofy. Tell her to put her tongue back in her mouth.
- Katie holds/ pulls someone's hair; hugs too tight, “head lock”. She may be playing or testing you; possibly impulsive. You can hold one arm up when you hug her, say, “Let go”, “finger peel”, lightly brush top of her knuckles
- Katie pulls her hair out of her pony tail and puts it in front of her face. She wants your attention; let her hair stay where it is/ ignore it.

Katie's Best Possible Future:

Home/Living:

- With Mom & Dad/ always family
- Sleepovers with her sister Colleen; time with her family/siblings/dinners together
- Laundry (folding it/ putting away)
- Going for walks/ swimming

Employment:

- No Trees/plants
- 2:1 (peers/adult)
- Organizing tasks
- Folding linens, stocking/organizing shelves
- Food allergy concerns
- Hands on/ movement jobs
- Safe area/ not outside near cars/water or near a front door

Community:

- Local clubs, music, dancing, bowling
- Physical activities
- Friends, social groups

Recommendations/ Next Steps:

- Communication Device training with mom (Speech)
- Hygienic cooking
- Most used Sign language list/ pictures (mom)
- Safety
- Independent microwave use
- Join bowling
- Take care of her ipad/ plug it in
- Find weekend community activities/ physical clubs
- Opportunities for Katie to ride her bike
- Visual job coaching schedule