

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
					<p><b>What is a Meal?</b></p> <p>Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Vegetable</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p>
		<p>1</p> 	<p>2</p> <p>Philly Cheesesteak with Peppers &amp; Onions</p> <p><b>FEATURED VEGGIES</b> Cucumber Slices</p>	<p>3</p> <p>Cheese Pizza</p> <p><b>FEATURED VEGGIES</b> Side Caesar Salad</p>	
<p>6</p> <p>Sloppy Joe on a bun</p> <p><b>FEATURED VEGGIES</b> Baked Beans</p>	<p>7</p> <p>Corn Dogs</p> <p><b>FEATURED VEGGIES</b> Sweet Fries</p>	<p>8</p> <p>Chicken Alfredo over Penne Pasta</p> <p><b>FEATURED VEGGIES</b> Peas</p>	<p>9</p> <p>Bacon Cheeseburger with Lettuce, Tomato, &amp; Onion</p> <p><b>FEATURED VEGGIES</b> Green Beans</p>	<p>10</p> <p>Cheese Pizza</p> <p><b>FEATURED VEGGIES</b> Side Caesar Salad</p>	<p><b>Choice of Vegetable</b></p> <p>Hot vegetable, along with seasonal fresh vegetables</p> <p><b>Choice of Fruit</b></p> <p>Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p><b>Choice of Milk</b></p> <p>1% white, fat-free white, fat -ree chocolate</p>
<p>13</p> <p>BBQ Chicken Wrap</p> <p><b>FEATURED VEGGIES</b> Cucumber Slices</p>	<p>14</p> <p>Cowboy Burger Sandwich</p> <p><b>FEATURED VEGGIES</b> Sweet Fries</p>	<p>15</p> <p>Walking Nachos</p> <p><b>FEATURED VEGGIES</b> Black Beans</p>	<p>16</p> <p>8 Piece BBQ Chicken</p> <p><b>FEATURED VEGGIES</b> Corn &amp; Mashed Potatoes</p>	<p>17</p> <p>Cheese Pizza</p> <p><b>FEATURED VEGGIES</b> Side Caesar Salad</p>	<p><b>Daily Alternates</b></p> <p>Chef Salad Chicken Caesar Salad Caesar Salad Ham &amp; Cheese Sandwich Turkey &amp; Cheese Sandwich Italian Hoagie Buffalo Chicken Wrap Chicken Caesar Wrap Pizza Grilled Cheese Chicken &amp; Cheese Quesadilla Cheeseburger Chicken Nuggets &amp; Biscuit Spicy or Plain Chicken Patty Sandwich Cheese Steak Meatball Sandwich</p>
<p>20</p> 	<p>21</p> <p>Cheesy Stuffed Breadsticks w/ Marinara</p> <p><b>FEATURED VEGGIES</b> Green Beans</p>	<p>22</p> <p>Chicken Fajita</p> <p><b>FEATURED VEGGIES</b> Black Beans</p>	<p>23</p> <p>Grilled Ham &amp; Cheese</p> <p><b>FEATURED VEGGIES</b> Baby Carrots</p>	<p>24</p> <p>Cheese Pizza</p> <p><b>FEATURED VEGGIES</b> Side Caesar Salad</p>	
<p>27</p> <p>Asian Chicken Over Rice</p> <p><b>FEATURED VEGGIES</b> Green Beans</p>	<p>28</p> <p>Beef or Chicken Nachos Grande with Salsa &amp; Sour Cream</p> <p><b>FEATURED VEGGIES</b> Black Beans</p>	<p>29</p> <p>Pulled Pork on a bun with Cheddar Cheese</p> <p><b>FEATURED VEGGIES</b> Sweet Potato Fries</p>	<p>30</p> <p>Buffalo Chicken w/ Cheddar Cheese on a Torpedo Roll</p> <p><b>FEATURED VEGGIES</b> Glazed Carrots</p>	<p>31</p> <p>Cheese Pizza</p> <p><b>FEATURED VEGGIES</b> Side Caesar Salad</p>	<p>(V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</p>
<p><b>Your Team</b></p> <p>Anne King, Food Service Director <a href="mailto:ma1527@metzcorp.com">ma1527@metzcorp.com</a></p>			<p><b>Meal Prices</b></p> <p>Student Lunch \$4.00 Reduced Lunch \$0.00 Faculty Lunch \$5.00</p>		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

